

MARCH 1962

MAGAZINE OF THE



NATIONAL SPASTICS SOCIETY

PRICE 6d

SPASTICS NEWS



NATIONAL RESIDENTIAL CENTRES OF THE N.S.S.

SCHOOLS

THE THOMAS DELARUE SCHOOL

Dene Park, Tonbridge, Kent.
Telephone: Tonbridge 3859.
Headmaster:
H. B. Davies, Esq., M.B.E., B.Sc.(Econ.).
Chairman of the Board of Governors:
Douglas Delarue, Esq., J.P.
Secondary Modern and Grammar Education for Spastics of 11 years and over.
Accommodation 66.

THE CRAIG-Y-PARC SCHOOL

Pentyrch, Nr. Cardiff.
Telephone: Pentyrch 397.
Headmistress:
Mrs. C. M. Kearslake.
Chairman of the Management Committee:
Miss M. B. Jowett, M.B.E.
Primary Education for Spastics between 5 and 16 years.
Accommodation 49.

THE WILFRED PICKLES' SCHOOL

Tixover Grange, Duddington,
Nr. Stamford.
Telephone: Duddington 212.
Headmaster:
R. A. Pedder, Esq.
Chairman of the Management Committee:
Eric Smith, Esq.
Primary Education for Spastics between 5 and 16 years.
Accommodation: 60, 12 Day Pupils.

IRTON HALL SCHOOL

Holmrook, Cumberland.
Telephone: Holmrook 242.
Acting Headmistress:
Mrs. M. C. Slater.
Chairman of the Management Committee:
J. D. Herd, Esq.
Education for Spastics reputed to be below average intelligence.
Accommodation: 34.

INGFIELD MANOR SCHOOL

Five Oaks, Nr. Billingshurst, Sussex.
Telephone: Billingshurst 294.
Headmistress: Miss E. M. Varty.
Education for spastics aged 5-16 reputed to be below average intelligence.
Accommodation: 50.

ASSESSMENT CENTRE

HAWKSWORTH HALL

Guiseley, Leeds, Yorks.
Telephone: Guiseley 2914.
Principal: J. D. Johnson, Esq.
Assessment Centre for Spastic children between 5 and 13 years.
Accommodation: 24.

ADULT CENTRES

DARESBURY HALL

Daresbury, Nr. Warrington, Lancs.
Telephone: Moore 359.
Warden: F. W. Bellman, Esq.
Chairman of the Management Committee:
George Evans, Esq.
Residential Centre for Male Spastics aged from 16 to 35 years.
Accommodation: 26.

COOMBE FARM

Oaks Road, Croydon, Surrey.
Telephone: Addiscombe 2310.
Warden: F. W. Bowyer, Esq., M.A.
Chairman of the Management Committee:
R. Meek, Esq.
Residential Centre for Spastics aged from 16 to 25 years. Accommodation: 41.

PRESTED HALL & THE GRANGE

Feering, Kelvedon, Essex.
Telephone: Kelvedon 482.
Warden: J. H. Watson, Esq.
Chairman of the Management Committee:
Miss Mary Ruck, R.R.C.
Residential Centre for Spastics aged from 25 to 40 years. Accommodation: 31.

THE GRANGE:

High Street, Kelvedon.
Accommodates 13 Spastics over the age of 40 years.

TRAINING CENTRE

"SHERRARDS"

Digswell Hill, Welwyn, Herts.
Telephone: Welwyn Garden 2125.
Principal: E. L. Knight, Esq.
Chairman of the Management Committee:
The Hon. Lady Bowes Lyon.
Vocational Training Centre for young adult Spastics.
Accommodation: 31.

HOLIDAY HOTELS

ARUNDEL PRIVATE HOTEL

23, The Leas, Westcliff-on-Sea.
Telephone: Southend 476351.
Manageress: Miss M. Burden.
Chairman of the Management Committee:
H. F. Savage, Esq., J.P.
Hotel for Spastics and accompanying relatives or friends. Accommodation: 19.
Write to Manageress for bookings.

S.O.S. HOLIDAY HOTEL FOR SPASTIC CHILDREN

Colwall Court, Bexhill.
Telephone: Bexhill 1491.
Manager: F. E. Chappell, Esq.
Chairman of the Management Committee:
David Jacobs, Esq.
Accommodation: 23.

INDEPENDENT SCHOOLS AFFILIATED TO THE N.S.S.

DAME HANNAH ROGERS SCHOOL

Ivybridge, Devon.
Telephone: Ivybridge 461.
Headmistress:
Miss B. G. Sutcliffe.
Chairman:
Norman Capener, Esq., F.R.C.S.
Residential School for 50 cerebral palsied children, boys and girls, between the ages 5 and 16.

PERCY HEDLEY SCHOOL

Forest Hall, Newcastle-upon-Tyne, 12.
Telephone:
Headmistress:
Mrs. E. M. Caldwell, N.F.F.
Chairman:
Alderman J. Gray, J.P.
Special education for severely disabled children with cerebral palsy who live in the Five Northern Counties.
Accommodation: 32 Day pupils.
40 Boarders.

IN THIS ISSUE

Editor: Margaret Gill

Vol. VIII No. 3	March, 1962
For Your Diary	3
Pulling Together (1)	4
From the Mailbag	5
Country Wide	6
News in Brief	8
Personality Parade—Assistant Projects Secretaries	10
New Extension to Bournemouth Centre	11
Stories of Achievement, No. 2— A Shropshire Lass	12
John Greenwood Shipman Home— Classroom Extension	14
What's New?—"Medic Pants", American Booklets, More Quick'n Easy Aids	16
Billiards and Snooker Exhibitions ...	17
Teaching Doctors About Spastics by Dr. Martin Bax	18
Small Ads.	19
Employment Reunion Party	20
Employment Problems Amongst Adolescents and Adults with Hemiplegia by Miss M. R. Morgan—Concluded	20
Crossword No. 23	21
Employment Corner	21
Group Alterations	22
Affiliated Groups of the N.S.S. ...	23

FRONT COVER

A PICTURE OF HAPPINESS

MORE than just a pretty girl, our cover this month portrays a girl with pertinacity.

She makes jewellery with her teeth and tackles every daily task with the same indefatigability. Yes, it's our own Myrna Johnson, already well-known in this country.

Positively a cover-worthy beauty.

Read about her on pages 12 and 13.

Solution to February Crossword

ACROSS			
1. Kitbag	16. Tree	26. Creeper	5. Asia Minor
7. Ulysses	17. Noon	27. Gandhi	6. Heirlooms
8. Awaits	18. Chief		11. Toreadors
9. Pisa	19. Hand	DOWN	12. Anecdotes
10. Ithaca	20. Forest	1. Khaki	13. Altimeter
14. Mole	24. Oder	2. Trash	21. Osaka
15. Lathi	25. Tarsus	3. Aztec	22. Eased
		4. Plaintiff	23. Tosti

FOR YOUR DIARY

MISS SHIRLEY KEENE, the Society's Lecturer, has the following engagements (these bookings are subject to alteration):

- March 1st, 2 p.m. Inner Wheel Club of Westminster west, Westminster Technical College, Vincent Square, S.W.1.
- March 6th, 7.30 p.m. Women's Guild, Taunton (no further information).
- March 7th, 3 p.m. Temple Women's Bright Hour, Taunton.
- March 13th, 7 p.m. Flint Townswomen's Guild Cilfan Hall, Flint.
- March 14th, 7.30 p.m. Gwaenysgor Women's Institute, Gwaenysgor, Rhyl, Flintshire.
- March 15th, 3 p.m. Sutton Coldfield Branch Women's Gas Federation, Gas Service Centre, 9 Birmingham Road, Sutton Coldfield, Warwick.
- 7 p.m. Staffordshire Spastic Association, Reginald Grocott Centre for Spastics, 6 Jasper Street, Hanley, Stoke-on-Trent.

- March 19th, 3 p.m. Parent Craft Group, Church Road Clinic, Mitcham, Surrey.
- March 20th, 3 p.m. West Croydon Congregational Church, Women's Guild, West Croydon, Surrey.
- March 21, 2.45 p.m. Redditch Women's Gas Circle, Showrooms, Redditch, Worcs.
- March 23rd, 7.30 p.m. Norfolk & Norwich Spastic Association, near Diss, Norfolk.
- March 28th, 3 p.m. Holy Cross Women's Fellowship, Community Centre, Oldfield Lane, Greenford.
- March 29th, 3 p.m. Mother's Club, Hearheste Clinic, Hearheste Avenue, Barking-side, Ilford, Essex.
- March 30th, 7.30 p.m. Norfolk & Norwich Spastic Association Dinner Dance, Watton, near Norwich.
- April 2nd, 7.30 p.m. Sidcup and Lamorby Townswomen's Guild Social Study Group (venue not known).
- April 3, 2.30 p.m. Women's Own, Home Hill Baptist Church, Half Moon Lane, S.E.24.

- April 5th, 7.30 p.m. Kettering Kingsley Townswomen's Guild, Kettering, Northants.
- April 9th, 2.30 p.m. Inner Wheel Club of Romford (venue not known).
- April 11th, 3 p.m. Cranford Townswomen's Guild, Memorial Hall, Cranford, Middlesex.
- April 12th, 2.15 p.m. Wives' Club, London Road Methodist Church, The Manse, 26 Hurst Road, Horsham, Sussex.
- April 13th, 2.30 p.m. Bidborough Women's Institute, Southborough, near Tonbridge, Kent.
- April 15th, 3 p.m. Houseparents' Course, Craig-y-Parc.
- April 16th, 11 a.m. Women Public Health Officers' Association, Course on Day and Boarding Special Schools, Southlands College, Wimbledon, S.W.19.
- April 17th, 2.30 p.m. Northolt Methodist Bright Hour, Church Road, Northolt, Middlesex.

NATIONAL SPASTICS SOCIETY

Registered in accordance with the National Assistance Act, 1948

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PULLING TOGETHER (1)

HAVE you ever tried rowing in a boat with oarsmen who cannot keep in time? The effects are sometimes painful, often comic, but the results are usually the same—the boat either does not get to its intended goal or else it reaches it late and only after a great struggle.

We can liken the whole of the Society to a boat and the parts of which it is composed to the oarsmen.

The goal is known and accepted—the welfare of each and every spastic person in England and Wales. We want to reach this goal as quickly and directly as possible, and we can only achieve this aim by controlled and co-ordinated effort.

Groups, Regional Councils, the officers of the regional organisations and staff members in every department of the Society each have their hands to an oar: it is the task of the Executive Committee to see that all pull together and with the maximum effect, and to steer the boat on a straight course.

Over the next few months we will examine the roles and responsibilities of the different parts that make up the whole which is the National Spastics Society. Our aim is to demonstrate the need for each particular part, to explain its working and the way in which it is linked to the other parts of the Society, and to emphasise the need for harmony between all the parts.

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COMPLIMENTS

Dear Editor,

Please find enclosed my subscription for SPASTIC NEWS and a small donation towards the work of your Society. You are doing splendid, wonderful work, and all should be complimented upon the wonderful achievement. I wish all success in this noble work for the spastics.

With every good wish for 1962.

Yours sincerely,
(Miss) ELSIE HARLEY,
Kent Representative
The Physically Disabled
Peoples' League.

SUCCESSFUL 1st PARTY

Dear Editor,

Our first annual group party was held in January.

The guests included a party of 25 residents from Combe Farm and 20 handicapped scouts and helpers who were welcomed by our group chairman. The Mayor of Reigate, with the deputy Mayor and Mayoress, together with the Aldermen, helped give tea to the guests, and did not sit down to their own tea until all were served. It made us feel proud of our civic dignitaries.

Entertainments, including a small musical group, a conjuring show and songs sung by boys of the 28th Reigate Troop of Scouts, kept the party in full swing until coaches arrived to take the guests home. "For the road", each was given a box of sweets, presented by members of the Redhill Branch of the Round Table.

Your sincerely,
(Mr.)
LESLIE BRACE,
Chairman, South-East Surrey Group.

CORONATION STREET MESSAGE

Dear Editor,

We in "Coronation Street" send our greetings and good wishes to spastics and their parents everywhere.

We also send greetings to all those

who help the spastics—doctors and nurses, therapists, teachers and countless volunteers throughout the country.

And to you, the general public, we say on behalf of spastics a very big thank you for all your financial support, both to local groups and to the National Society.

The problem of the cerebral palsied person, both young and old, is one which should concern us all. It is costing the National Spastics Society a great deal of money to provide centres for the treatment, education and care of spastics.

The residents of "Coronation Street" are grateful for the opportunity to help.

We know "Loving Care Cost Money",

Signed by all the cast of
"Coronation Street."

ILFORD BAZAAR

I am writing to thank all the groups who responded so well to my request for goods for our bazaar which will take place on April 13 and 14. I will be delighted to reciprocate to groups who also have forthcoming events.

(Mrs.) C. McCAUL,
Hon. Secretary,
Ilford, Romford & District
Spastics' Assoc., Essex.

BAN THIS WORD

Dear Editor,

Some may say, "What's in a name?" but for the handicapped child the name by which we call him is of paramount importance. Names reveal attitudes, and attitudes regulate treatment.

Twenty years ago John Duncan challenged the invidious term "feeble-minded" by his book *The Education of the Ordinary Child*. Since then the term has been replaced by the more technical but still ambiguous "educationally subnormal", with its all-too-significant abbreviation "E.S.N."

The Mental Health Service has completely replaced the old names bearing social stigmas, by others with a constructive and sympathetic tone. It is left to educationalists still to retain the stupid and misleading category of "ineducable."

All who have at heart the welfare of severely handicapped children will have experienced a thrill at reading of the Society's decision to ban this word. Let us hope that very soon every Education Authority in the country will follow suit.

Yours sincerely,
MORRIS GLOVER,
Axminster, Devon.

NEWS FROM BIRKENHEAD

Dear Editor,

I thought the readers would be interested to know of the activities of the Parents' Association of the Birkenhead School for Spastics. We number about 20 and hold our meetings each month, when we have a good chat about the progress of our children, and the ways and means of getting money for added comforts for them.


Each spring we hold a jumble sale, and the money is used to give the children a day at the seaside in the summer.

During the mid-term holiday each October, we hold a coffee evening and bring and buy sale, the proceeds from which provide the children with a Christmas party with Santa Claus, Christmas tree, presents and entertainments, as well as a bumper tea.

Yours sincerely,
(Mrs.) T. HYLAND,
Birkenhead, Cheshire.

Yours...


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In its Seventh Year

ONCE again this year the Record Star Show will hold two houses. One commences at 2 p.m., the other at 6 p.m.

Due to the current dispute in theatreland, the committee had no easy task in assembling a programme—remember that every artiste appears at both performances without any fee or reward of any kind. The dispute has in fact forced many artistes who formerly worked largely on television to go on tour out of London. A good deal of credit is therefore due to the little committee, consisting of Lady Westmorland and Messrs. David Jacobs, Cyril Stapleton and Colonel Lloyd, for assembling what is one of the best programmes that Record Star Show has put on during its seven years.

The artistes will be:

THE JOHN BARRY SEVEN; MR. ACKER BILK; PAT BOONE; THE BROOK BROTHERS; ALMA COGAN; RUSS CONWAY; LONNIE DONEGAN; CRAIG DOUGLAS; ADAM FAITH; MATT MUNRO; CLIFF RICHARD; THE SHADOWS; HELEN SHAPIRO; ANDY STEWART; DANNY WILLIAMS.

Musical direction is in the hands of S.O.S. committee members who include RON GOODWIN, TONY OSBORNE, NORRIE PARAMOR, BOB SHARPLES and CYRIL STAPLETON.

Tickets are priced at 21s., 15s., 12s. 6d., 10s. 6d., 7s. 6d. and 5s. Already demands are flooding in, and, although 15,000 tickets are on sale, half for each "house" *early application is advisable*. Requests must be accompanied by a remittance to cover cost and must state for which house the tickets are required (2 p.m. or 6 p.m.). They should be addressed to the Hon. Secretary, S.O.S., 12 Park Crescent, London, W.1. Reservations cannot be made either by telephone or letter.

British Medical Directory, Standard Edition

Following the success of the ten guinea library edition of The British Medical Dictionary, the publishers have produced a standard edition, smaller in size but identical in contents. It will be kept up-to-date by the same cumulative annual supplements.

The Caxton Publishing Company state that they have

brought out the new edition to meet the needs of those who want complete, up-to-date medical reference for only £6 15s.

Black's Medical Dictionary

Edited by William A. R. Thomson, M.D., the twenty-fourth edition of the dictionary has been published by Adam and Charles Black, price 38s.

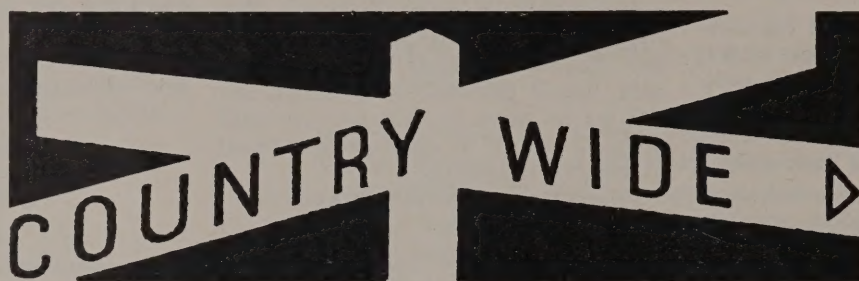
Much which is regarded as out of date has been deleted and recent advances in knowledge have been included. Whole sections have been completely rewritten and new sections include barrier creams, cerebral palsy, phenylketonuria, and many new drugs. As a

standard work of reference this book still holds its own, and used in conjunction with textbooks cannot fail to be useful to both student and graduate nurses.

It's a Snip

There's definitely money in hair to-day, so Mr. B. Lawson, a Plymouth taxi driver discovered. He grows his beard, then charges half-a-crown a snip to have it cut off.

All the half-a-crowns Mr. Lawton collects, from the women who eagerly brandish their scissors, he puts aside for a treat for local spastic children. Last year he saved enough to take them to a pantomime; this year he plans to take the children at the Trengweath Spastic Centre to the seaside in the summer as well as to a pantomime trip.



Sherrard's Reunion

Reunion weekend and ex-trainees pose for a photograph with Mr. Knight, the principal. We hear from Sherrards that they have made a 16 m.m. colour film of life at the centre, both in the workshop and the hostel. Although the film falls very far short of a professional



(Courtesy: Hornsey Journal)

"Lacquer on your hair, sir?" asks the perky schoolgirl as she finishes setting the schoolboy's hair. "Only 3d. extra."

Here is another example of young people's resourcefulness when it comes to raising money for charity. This time the hairdressing salon was just one of several novel sides-shows in a fair organised by pupils of the William Grimshaw School, Muswell Hill. In all, £130 was raised and distributed to several charities, including the spastics' society.

one, for people who know Sherrards, it conveys an interesting story.

Welwyn Garden City Spastics Group are one of the few public organisations to see the film. Being so closely connected with the centre and its progress, they are one of the family, so to speak.

Eliminating Architectural Barriers

The American Standards Association recently approved specifications recommended for making public buildings and facilities accessible and safe to the physically handicapped and infirm.

This is the result of a two-year study, sponsored by the National Society for Crippled Children and Adults and the President's Committee on Employment of the Physically Handicapped. Forty-eight national organisations were represented on the A.S.A. steering committee, the chairman of which was a past president of the American Institute of Architects.

Copies of the A.S.A. specifications recommended for use by architects and planning officials and for enforcement by administrative authorities, and other information, are available from the National Society for Crippled Children and Adults, 2023 West Ogden Avenue, Chicago 12, Illinois.

House Warming at Head Office

New Year revelry filled the white, clinical halls of Park Crescent's "lower ground floor", festooned with paper chains and balloons. Dancing, games and a glossy cabaret taking pride of place for an evening where normally the sober footsteps of sagacious staff tread their weary way.

The party was a success,

Thanks must go to the members of the N.S.S. Drama and Social Club, who prepared the cabaret and organised the evening so delightfully.

Australian Beauty Queens

Over here at the same time are two Australian beauty queens, Miss Victoria and Miss Australia. Both are no ordi-



The precocious "baby" in the pram is Mr. Gordon Rankin, organiser of a New Year dinner dance in aid of Watford Spastics' Centre. The dance took place at the Red Lion Hotel, Coulsdon, Surrey, and entertainment was provided by Messrs. Rankin, Potter, and Morrison, who impersonated and mimed records of a popular sister harmony act. Dresses were made by their ladies and friends. After the argent revellers departed £110 was found to be on the credit side of Watford's balance sheet.

nary beauty queens. Not only are they chosen for the personality and character, but the money raised by these competitions is given to the spastics' charities.

Both girls are visiting spastics' centres in this country and we hear from Hawksworth Hall that Miss Victoria has been one of their guests.

Drayton House Fancy Dress

Who-dun-it? A household assembles to be interrogated after a crime?

Despite the presence of the sanctimonious policeman, this group is more innocent than it appears.

The strange costumes were worn by the young people at Drayton House, Bedford, at their fancy dress party.

The "policeman" had in fact realised a secret ambition. In a uniform loaned by the Bedfordshire Constabulary Headquarters, he had been standing in the entrance to Drayton House when a passing motorist hailed him and asked directions!



News

in brief

Acton:

Acton Swimming Club have asked for the free use of part of Acton swimming baths for a gala in aid of the spastics' society. Although the council does not normally waive hire charges it has agreed to reduce the cost from £6 to £4.

(Edited from Acton Gazette)

Smethwick:

The Red Cow public house at Smethwick is now in the top ten in the Midlands for collection for spastics. In the past two years £200 has been raised. Said Mr. J. Fellows, the licensee, "We have won every award possible now in the N.S.S. Beacon Club but we feel this is only just a beginning. We top Staffordshire and now we must be number one in the Midlands."

(Edited from Birmingham Post)

Eastbourne:

Seven hundred teenagers twisted, rocked and jived at the Winter Garden, Eastbourne. They were members of the Club Continental and came to present a cheque of £100 in aid of the N.S.S. to actor Raymond Francis. The money had been collected by the club during the past year.

(Edited from Eastbourne Herald Chronicle)

Worthing:

David Jacobs compered a Sunday night charity concert which Worthing Lions Club presented at the Pier Pavilion on February 18 in aid of the N.S.S. Other well-known stars of stage and screen taking part were Don Arrol, Bob Monkhouse, Elise and Doris Waters and Derek Roy.

(Edited from Worthing Herald)

Exeter:

The new Exeter and District Spastics Society nearly doubles its territory as the result of an agreement just made with Plymouth Spastic (C.P.) Association. They will now cover the whole Torbay area and will include places as far apart as Chulmleigh, Kingswear, Tiverton, Okehampton, Torquay and Axminster. Said branch secretary, Mrs. C. E. Vranck, "We have been wanting to expand and Plymouth has not been able to administer all the wide territory included in their nominal area."

(Edited from Western Times)

Manchester:

The Wallness Angling Club gave the Manchester and District Spastics Society a cheque for £175 on the occasion of their presentation evening at the Bay Horse Hotel, Salford, last month. An angling match had been organised by the club in aid of the society.

(Edited from Manchester Evening Chronicle)

Oxford:

Oxfordshire Spastics Welfare Society plan to provide a new spastics' day centre to replace the existing one at the Church-

hill Hospital. However, since then enough money has been raised to offer to provide a completely new centre for both their use and that of the United Oxford Hospitals. They are now awaiting a reply from the hospital board.

(Edited from Oxford Times)

Stroud:

Old saddles are wanted by the Stroud branch of the Red Cross so that spastic and polio children may learn riding as part of their remedial therapy. A riding club for physically handicapped children in the Cheltenham, Gloucester and Stroud area has been formed by an orthopaedic surgeon and classes are held at a riding school run by Miss Kathleen Barron. Equipment is expensive and difficult to obtain, so the Red Cross are appealing for unwanted or outgrown saddles which can be converted for the children. A metal rail is fixed in front of the saddle as many children are not able to grip reins. The club hopes eventually to have its own indoor riding school.

(Edited from Evening Standard)

Guiseley:

In only two months £101 was raised by patrons of the White Cross Hotel, Guiseley. Happy to be the recipient was Mr. J. D. Johnson, headmaster of Hawksworth Hall.

(Edited from Wharfedale and Airedale Observer)

Belfast:

Our animal friends work hard when it comes to raising money. Recently proceeds of the open dog show held in the premises of the Ulster Farmers' Mart in Portadown were devoted to the Parkanaur Home for spastic children.

(Edited from Belfast Telegraph)

Leeds:

A greyhound race run at the Elland Road greyhound stadium was held in aid of the Leeds and District Spastics Society. Obviously every dog has his day!

(Edited from Yorkshire Evening Post)

Warrington:

News has come via the grape vine that Daresbury Hall have had another 21st birthday celebration. This time it was David Cooper who played host to the other residents and was helped by Mr. Bellman, the warden, to cut a delicious birthday cake. Residents and staff presented David with a wrist watch. At N.S.S. head office, in Park Crescent, there was another 21st birthday boy—David Little, one of our messenger boys, whom readers will remember recently returned to us after a short stay at Sherrards.

Woolwich:

Boys of the Woolwich (Polytechnic) Secondary School are to be congratulated on their effort in response to the N.S.S. Christmas Seals appeal. They gave a great deal of their time and energy to raise the magnificent sum of £90 5s. 9d.

Blackpool:

A surprise for the Blackpool and District Wolf Cub competition for Jungle Dancing recently was the entry of the 56th Blackpool Pack, the handicapped cubs from the centre at Beechfield, Whitegate-Drive. The boys put on a marvellous show adapting the dances to meet their limited movements. The announcement that they had been placed second in the competition was greeted by spontaneous applause. The 15 packs competing were congratulated on the high standard

of their performance and tribute was paid to the 56th Blackpool who had been marked on their performance without sympathy and purely on merit.

Hull:

Sixty-four children resident in Hull and the East Riding of Yorkshire thoroughly enjoyed themselves at the annual party laid on with all the trimmings by the Friends of the Spastics' Society in Hull and District. Highlight of the afternoon was seeing themselves in the role of film stars in a film taken during the summer at the society's holiday home at Bridlington. Some 50 children who were too poorly to attend were not forgotten. Each received a personal present through the post.

Lincoln:

Above the bar at the *Wagon and Horses* public house in Branston, is an unusual invitation. But most people can't make head nor tail of it so a charge of sixpence is made to have it "translated". The sixpences are stuck with beer on the wall at the back of the bar. The best part of this is that the sixpences go to the Lincoln Branch of the N.S.S. A good tip for other bartenders wondering what to write on that empty beam above the bar!

(Edited from Lincolnshire Echo)

Edmonton:

More congratulations, this time to a young couple, both members of a spastics' club in Edmonton, who recently married. The bride, Miss Kathleen Bushnell, first met the groom, Mr. Henry Horne at the Invalid Tricycle Association and later they attended dancing classes together. Happily they both live and work in Edmonton. Mr. Horne employed by a firm of hospital medical equipment manufacturers and Kathleen at Peggy Page Ltd.

(Edited from Enfield Gazette and Observer)

Weston:

St. Margarets' Short Stay Home for mentally handicapped and spastic children in Weston-super-Mare, opened a year ago, has made an encouraging start. During the year, 94 boys and 86 girls have been admitted from all parts of the country. £4,000 has been contributed by the Weston and District Society for Mentally Handicapped and Spastic Children and this, together with other contributions, reflects the success of voluntary effort of which Weston and county can be proud.

(Edited from Bristol Evening World)

Dudley:

Every year Dudley and District Spastic Group visit a pantomime and this year it was to see "Cinderella" at Birmingham Hippodrome. During the interval, Lonnie Donegan, who played 'Buttons', came down and gave each child an ice-cream, his photograph and autographed the programmes.

Newcastle:

A service that could easily be copied in other areas was thought out by a Mr. Kevin Hughes of Newcastle. Various hospitals, old peoples' clubs and the like welcome live entertain-

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ment. Mr. Hughes obtained in the services of experienced amateur actors, actresses and singers in the area and after rehearsals the group went on tour of hospitals and homes. One of the members writes the sketch material and another com-pères the programmes.

(Edited from Newcastle Journal)

THERE ARE NO
CRISPS

TO EQUAL

SMITH'S

FOR QUALITY AND FLAVOUR

PERSONALITY PARADE



Colin Smart

WITH the plans of the National Spastics Society to provide more and more facilities to meet the demands of all kinds of spastic handicap, the appointment of a Plan-

ning Officer is a necessary one. The choice of Mr. Colin Smart, A.R.I.B.A., to fill this position could not be more felicitous.

For the past two years, while engaged with Architects' Co-Partnership, he has worked as the architect in charge of the N.S.S. new grammar school development at Tonbridge, near the present Thomas Delarue School. The group with which he was working also designed the hostel and sheltered workshop at Birmingham and the children's centre at Meldreth.

ASSISTANT PROJECTS SECRETARY PLANNING

Among other work with Architects' Co-Partnership Mr. Smart was seconded for 15 months to the Ministry of Education's Architects' Development Group on an experimental project.

Colin Smart gained his A.R.I.B.A. and A.A. Diploma at the Architectural Association in Bedford Square, London, one of the foremost schools for architects in the country. He also studied in the A.A. School of Tropical Architecture.

As Planning Officer Mr. Smart will be engaged in the correlation of the Society's building works, both national and local, research into the needs of spastic people in terms of equipment and environment and the channelling of the results of that research into the briefing of other architects.

At the comparatively young age of 27, Colin Smart has had an extremely wide experience of building and he is eager to continue his good work for the N.S.S.

Married with a small daughter, his interests include sailing, the theatre and music. The Society is very happy to enlist his enthusiastic aid.

ANOTHER new appointment in the Projects Department is that of Mr. John Le Prevost as Assistant Projects Secretary (Schools and Centres).

Mr. Le Prevost—pronounced "Le Prevo"—will provide Mrs. Clifton with general assistance in all aspects of her work and have a special commitment in respect of educational problems.

ASSISTANT PROJECTS SECRETARY SCHOOLS AND CENTRES

Educated at Dover Grammar School and St. Catherine's College, Cambridge, Mr. Le Prevost took a Modern and Medieval Language Tripos (French and Spanish), followed by a Diploma of Education at the Department of Education, Cambridge University.

During the war he served for six years in London, Ceylon and Malaya.

After the war he remained in the Far East holding a senior position in the Education Branch of the Overseas Civil Service in Malaya and Singapore. His duties included teacher training, administration, community development, literacy campaigns and adult education. Finally he was seconded to the Singapore Government to organise staff training. When Singapore became independent in 1957, Mr. Le Prevost returned to England. Since that time he has held a senior appointment in teaching and administration.

Married with four children, he lives in East Grinstead. We wish Mr. Le Prevost success in his new post.



John Le Prevost

BOURNEMOUTH EXTENDS

ABOUT twenty-six children are already being taught and trained at the Bournemouth, Poole and District Spastics Society's centre in Langside Avenue, Wallisdown, Poole, which has in two years of life grown to be "by far the biggest centre on the south coast." Now that accommodation figure is to be doubled with the opening of a £7,000 new extension.

Mr. Richard Hearne ("Mr. Pastry") cut the tape in an official ceremony which brought the new extension to life and opened up a sun lounge, a physiotherapy room, a speech therapy room, three classrooms, and a boilerhouse and store.

At the same time Mr. Hearne launched his appeal for £5,000 for a swimming pool to be built at the centre. Although this will be small, about 18 feet by 9 feet, a large sum of money will be required because the pool will be covered in and there will be chlorination and heating plant, changing rooms and a pulley swing to lower some of the more handicapped children into the water.

A vigorous campaign for money is under way, backed by the Mayors of Bournemouth, Christchurch and Poole, joint presidents of the Society. And success seems certain for, according to Councillor D. Scott (Bournemouth), the people of these three boroughs are "very public spirited and generous in their support of worthwhile causes". Over £400 has already been received.

In the new extension, with its large picture windows and coloured walls giving a feeling of spaciousness and brightness, the children can play in the new fully-glazed sun-room without bothering about the weather. This room is connected to a wide hallway by a gentle ramp to allow for wheelchairs, and the hallway itself has handrails so that the more able children can move about without waiting for assistance.

In the physiotherapy room the tiled floor is inset with brightly coloured stepping-stone pattern tiles; the speech therapy room has walls lined with acoustic tiles, and in the classrooms the lower walls have fixed blackboards. A local firm of joinery manufacturers helped with the design and production of a complete range of purpose-built classroom furniture which includes U-shaped desks and adjustable chairs.

From small beginnings this Society is marching steadily onwards.



Pictures above and below show two of the beautifully equipped rooms in the new extension



Below: Bournemouth, Poole and District now have a centre to be proud of





Myrna loves to read fashion magazines

A SHROPSHIRE LASS

HANDS, knees and booms—a-daisy..." goes the light hearted song. Everyone has played that game at some time, but not everyone has stopped to think what it would be like to have both hands written off as completely useless. Would it be right to sit in a corner and let others work? Or would it be better to find out just what could be trained to take the place of hands?

Myrna Johnson of Shrewsbury has overcome such a problem and successfully. For her it is as easy to take her head to the comb to tidy her hair, no more difficult to balance the lipstick on the mirror face and put her mouth to the colour, or if something is dropped, to pick it up with her feet, than to do these acts in the conventional way. It is all a matter of approach and requires a different kind of training. If you are as pretty as Myrna is—she has a lovely face and beautiful smile, with a perfect set of strong, white, pearly teeth—if you like nice clothes and have a mother who is clever with a needle, it is quite simple to present a charming picture to the world.

Myrna loves to go shopping in the afternoons with her mother or visit friends and relations, go out for walks, spend the evenings at the cinema with girl friends, and once a week she attends the local railway club. Although she does not dance, it is great fun to fling herself into the gay and stimulating atmosphere, and feel the rhythm of the music. These pleasures, therapeutic though they may be, are not in themselves enough to occupy and satisfy her.

As one grows older, it is natural that life should become less simple and the desire for self-sufficiency and self-support should dominate. It is important for a growing personality not to be completely dependent upon other people. Not everyone can attain true independence, but striving, even in a very small way, to accept the responsibility of one's own

happiness is a step forward towards one's own development.

The technique of using her mouth as usefully as her hands had been acquired. The need to create came next. So it was, at 18 years of age, that a member of the Helping-Hand Club introduced her to jewellery making. Since that time thousands of stones have been carefully eased into position, either with her tongue alone or with the use of small sticks.

A Little Celebrity

Making jewellery is most gratifying work. A plain metal shape with naked hollows is transformed in a short while into a glittering and colourful decoration. Not only does Myrna put the stones in the bases, she fixes and fastens on the chains with her teeth. She can even thread beads. With endless patience she thinks nothing of sometimes having to insert several hundred marcasite stones into one brooch. Before Christmas, through the N.S.S. employment department's new homeworkers' scheme, she was inundated with orders and feared they would not be completed. Nevertheless all were ready and the welcome pay cheque gratefully received. Through her skill and love of her work, Myrna soon became known to the N.S.S. and to hundreds of people round the country who saw her photograph on display boards at exhibitions.

Childhood and Background

Myrna was born in Shrewsbury 26 years ago. As a baby she could not walk properly and attended the orthopaedic clinic. When she was eight, she contracted osteomyelitis and had to stay in the Royal Salop Infirmary for five months. Even though she did at last return home, it was not long before it was back to hospital for three years.

Nine operations and a host of new friends later, Myrna came home at last to attend the local school. Then up to the age of 12 she continued her education at the Dame Agnes Hunt Orthopaedic Hospital, after which a private teacher tutored her until her sixteenth birthday.

School was not to Myrna's liking, though she was interested in art and has



done several paintings by numbers. She prefers to read and loves to write letters, but finds it rather laborious and longs for the day when she has her own typewriter.

Today she lives with her jolly mother, father, eight-year-old sister, Suzanne and grey cat, Binkie. Her brother is studying science and engineering at Southampton University.

Will Tackle Anything

"Myrna has always been a very cheerful and happy girl," said Mrs. Johnson, "and she never ceases to amaze us by the number of jobs she can tackle."

It hardly seems possible, yet Myrna is very fond of knitting. A clamp is fixed on the end of one needle and with her mouth she winds the wool round the other and makes the stitch. A record player she stacks with records, a tape recorder operated by herself, the radio and television all keep her busy.

There is, in fact, little that Myrna cannot do. She helps with the washing up, weeds the garden with her foot, using her heel and toes.

On the subject of clothes, Myrna has decided views, preferring dresses to suits, as they make her feel taller, but she loathes hats. "My daughter is mad about clothes," remonstrated Mrs. Johnson. "She would like to spend every penny on them." Myrna nodded in agreement. "That's true," she said, "but I feel it's so important to look attractive."

Once a week a professional hairdo is her biggest investment. Not only does the feeling of luxury and ease do things for a girl's morale, but the final results save Myrna frustrating evenings with pin curlers.

A Home Lover

When asked what she would like most in the world, Myrna confessed that it would be wonderful to live in a bungalow and not have to trip up and down stairs. Another of her dear wishes is to go abroad; abroad for Myrna meaning Italy and sunshine.

Holidays abroad yes, yet she would never change her happy home life in Shrewsbury.

M.G.

Left:

Mother and daughter enjoy a joke as Myrna prepares to start work on a new jewellery-making project.

YOUR EDITOR SAYS GOODBYE

It seems such a short while ago since I sat down and wrote a letter introducing myself, yet the Magazines are all there on my shelves and their covers are only too familiar.

By the time you receive this issue I shall be on my way to America where I hope to live and work for quite some time.

Such a move naturally involves both happy and sad feelings. The happy ones I do not need to elaborate upon, the sad I know you can understand.

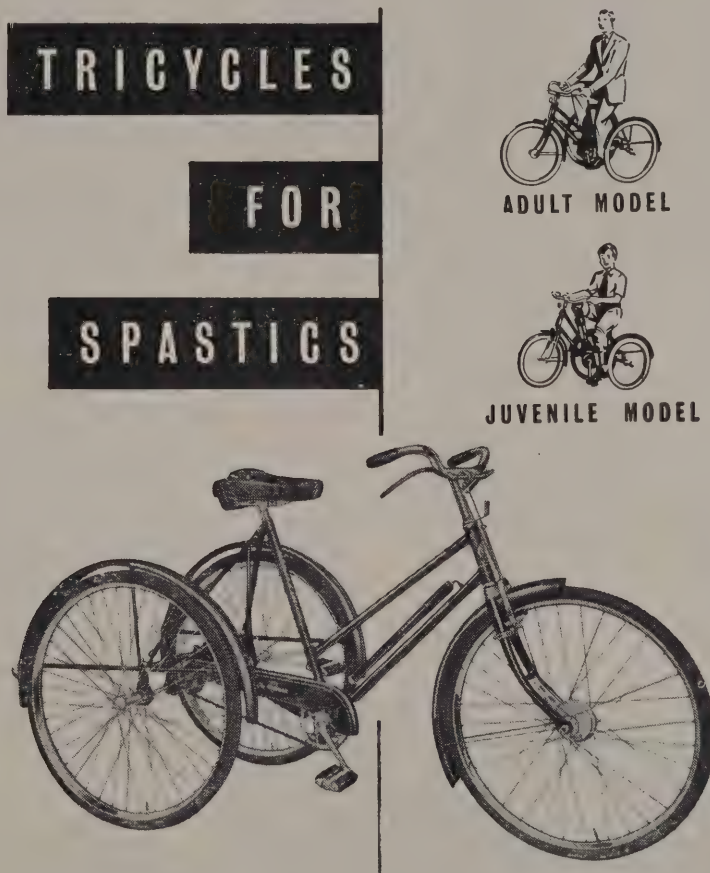
What I do want to say is "thank you" to everyone who has read, used or contributed in some way to SPASTICS NEWS. The active participation and enthusiasm for its welfare have been strongly felt. Such interest is needed for through the pages of the Magazine the voices of the different members of our Society can be heard, ideas exchanged, courage dispensed—where one group has advanced, others can follow.

I hope that in some measure I have been able to set the pattern for an open-minded Journal, stating fairly the varied opinions, while keeping a basic policy.

Optimism and hope are the vital elements in our Society.

I send you all good wishes and may you have success with your future plans.

MARGARET GILL.



We have pleasure in announcing that we are manufacturing the range of Pedal Tricycles for spastics previously produced by Norman Cycles Ltd. of Ashford. Special models, noted for their reliability, they can be provided with backrests, 3-speed gear and other accessories beneficial to the users.

Full details and prices on application to the address below:

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New Classrooms for

THE JOHN GREENWOOD SHIPMAN HOME

AN official opening of any new building is always an occasion for all round congratulations and satisfaction. The people of Northampton can particularly pat themselves on the back. Their new classroom extension attached to the John Greenwood Shipman Home, an annexe to Manfield Orthopaedic Hospital, is the result of the co-operation between the Northampton and County Spastics' Society, the Regional Hospital Board and the local Education Authority.

Presented in 1931 by Mrs. Alice Shipman, in memory of her late husband Mr. John Shipman, the house was used as a convalescent home for sick children. However, when the new drugs and cures for T.B. and polio cases were discovered, the beds very soon became empty and by 1952 the regional hospital board wanted to turn the house into a home for handicapped children. At that time the Northampton & County Spastics' Society was formed and wanted the house to be used as a spastics' unit. Dr. T. K. Davidson, the consultant in physical medicine, who had been in charge of the medical side of the Manfield Hospital and hence of the John Greenwood Shipman Home since 1947, gave his support.

A Well Run House

Altogether 25 children are treated at the school, 10 per cent of whom are not spastics. Ages range from 5 to 16 years. The pupils are divided into three groups: the day pupils who arrive by school bus; pupils who are weekday residents and go home on weekends; full boarders who go home at the end of the terms. At present, however, there are no full-time boarders owing to the lack of nursing staff.

The school also boards day pupils for a week or two if the mother is ill or has to go away for a holiday.

The John Greenwood Shipman Home covers a wide area and the responsible body are not bound by red tape when it comes to taking children from communities just over a border. Children are taken from Northamptonshire, parts of Warwickshire, parts of Buckinghamshire, parts of Bedfordshire, and if a family moves away from the district, the child is kept on until a school is found for him

in his new area. Considerable co-operation is obtained from the medical officer of health in the district.

Fees are paid by the local authority sponsoring the child and the unit's facilities are provided by the National Health Service No. 2 Account. As the Manfield Hospital has to have priority, it is to be expected that the bedrooms and living facilities in the home are on rather spartan lines.

The Extension

However, every effort is being made to turn the unit into a comfortable and up-to-date home. The two new classrooms are bright and airy, with large picture windows. A sliding partition allows the whole area to be used as an assembly hall. This means that space previously utilised for education will be given over to physio and speech therapy facilities. In addition plans are going ahead for the construction of a swimming pool. Finances are readily available, having been given by "Auntie Dick and the Merry Comrades", a local team of charity workers, headed by a Mrs. Field who organises children in the villages and towns to undertake a wide variety of money-raising activities, and sponsored by the local newspaper.

The Northampton Spastics' Society provides extras for the children. In 1955 they paid for a lift to be installed and the present new extension is a fine example of their interest.

Another service to their members is the equipment scheme. Equipment that cannot be obtained through normal health or hospital services and suitable for all kinds of handicap is purchased and sent free of charge to parents on permanent loan.

Staff

The matron of Manfield Hospital, Miss Edmonds, visits the John Greenwood Shipman Home once a week, but the everyday running is under the care of sister-in-charge, Miss W. M. Pickersgill, who has been at the school for five years. A part time speech therapist, who has been working there since 1949, attends once a week. Two physiotherapists divide

the week between them. There are a number of orderlies; one physio and one full-time, the others working on a rota basis.

One of the great stalwarts of the John Greenwood Shipman Home is George Mundy. With 32 years of service behind him, "Where's George?" can still be heard nearly every day of the week. Some broken kitchen fitment, a new pupil needs a special foot rest for his chair, a short in the electrical circuit, George can cope with everything.

A very keen gardener, he tends the lawns, the flower beds and the vegetable garden, which provides all the vegetables, save for potatoes, for the children's meals. Those pupils who are interested find in him a patient teacher, who will go to endless trouble to show them the joys of gardening. Two other sterling values—in the eyes of the boys at least—are the abilities to act as cricket and football coach. Mrs. Mundy, too, has done her share. She took over the position of cook for a temporary period when no-one else was available—and stayed 13 years.

The Opening Ceremony

Guests had been invited by the Earl Spencer, Chairman of the Northampton and District Hospital Management Committee. The Hon. Mrs. Macdonald-Buchanan, President of the Northampton and County Spastics Society, performed the ceremony.

Mr. Fred Tompkins, their tireless Chairman, said in his speech that they were justly proud of having a worthwhile job. He spoke of the extra facilities that would now be available. While they were very pleased at this fine building for the educable children, a big concern of their society was that they found themselves very far away today, in a welfare state, from provision for another section of their children; i.e. the mentally sub-normal. "I do hope that something can be done for these children," Mr. Tompkins stressed, "because the problem is here."

He then went on to talk of the home they have purchased in Nottinghamshire, where a big potential of children can be drawn upon. Some provision could be made for them and it would be possible



Courtesy: Chronicle & Echo

South view of the John Greenwood Shipman Home showing the back of the house and the new classroom extension in the foreground

to give some parent relief. "I particularly wish," said Mr. Tompkins, "that through the health service somewhere, some extra provision could be given to some of these children."

How Funds were Raised

All the usual sources had been tapped and even little children had given their shillings and sixpences.

The most generous gift, however, came from a remarkable woman. In 1958 she asked for information on the society's work. Mr. and Mrs. Tompkins, together with the vice-chairman and his wife, drove out to the lady's house—a very modest council pre-fab not even sporting the ubiquitous TV. For two hours, over coffee, all the facets of work were discussed. Her late husband had had an affected wrist, which he always felt was an obstacle towards getting a job and he wanted his wife to give some money away to children who would benefit by it. Not long after their meeting the society received £1,000.

Although the chairman regretted the lady's absence at the ceremony, as she had moved from the area, he had received a message from her. "I am perfectly

happy that the money has gone where it was intended," she wrote.

The chairman thanked all the officers, committee and members, and the eastern regional officer saying, "This has not been an individual effort; this has been team work all along the line."

He paid tribute to the hospital staff and to Mr. Brian Bunch, who acted as

Hon. Architect of the whole project. Mr. Bunch, who is the Borough Architect and Town Planning Officer had done a great deal of work and effected quite a considerable saving to the society.

The ceremony ended with an inspection of the new classrooms and a buffet tea in the dining room overlooking the sunlit gardens. M.G.

Glad as they are to be present at the official opening of their classrooms, little children find their attention is apt to wander



The Page that Keeps You Up-to-Date

MEDIC PANTS

TO meet the demand from sufferers of bladder ailments and incontinent spastics people, Jays Medical Products have put on the market their "Medic Pants".

Made in super soft lanolised plastic, they are even rose-performed to eliminate the usual unpleasant "plastic" smell. The pants are expertly tailored for freedom of movement and have vented sides for comfort during prolonged wear.

Available in four sizes the product also carries the Lux Washability Certificate.

Prices are:

Medium to fit 4-9 years	... 2/6d.
Large to fit teenagers	... 3/6d.
Extra large, for the middle-aged	... 4/-d.
O.S. to fit 60-inch waist and large leg	... 4/6d.

★ ★ ★

BOOKLETS FROM AMERICA

THE National Society for Crippled Children and Adults in America has compiled a list of selected references on *Self-Help Devices for the Handicapped*. Single copies are available free to any person or agency on request. Their address is: 2023 West Ogden Avenue, Chicago 12, Illinois.

Two new booklets published by this Society can be obtained from the same address.

The first, No. 9 in the Parent Series (authoritative booklets designed to help parents of handicapped children) is: *Cerebral Palsy—Dr. Meyer Perlstein Answers Questions Parents Ask*. Price 2s.

Dr. Perlstein is a founder member, former secretary and past president of the American Academy for Cerebral Palsy. He is chief of the Children's Neurology Service, Cook County Hospital, Chicago and professor of paediatrics at the Cook County Post Graduate School of Medicine. An internationally known authority on cerebral palsy, Dr. Perlstein serves also as a member of the Professional Advisory Council of the N.S.C.C.A.

Speech Therapy for the Cerebral Palsied by Harold Westlake, Ph.D., and David Rutherford, Ph.D. is the second booklet.

Mr. Westlake is Professor and Head of the Department of Communicative Disorders, Northwestern University and Mr. Rutherford is the Associate Professor at the same university.

This important professional book by two of America's foremost authorities in speech rehabilitation presents a practical approach to speech difficulties. It will be extremely useful to people working with spastic children.

A philanthropic project of a national women's society the booklet is made available at only 3s. 7½d. a copy.

Two further useful publications obtainable from this Society are *Toys . . . The Tools of Children* by June Frantzen, O.T.R., Price 7s. 10½d., and *Your Child's Play* by Grace Langdon, Ph.D., which is No. 2 in the Parent Series. Price 2s.

The former is a selection guide, illustrated with colourful charts, drawings and pictures, showing toys suitable for arm and hand development. Grouped at three interest levels, the colourful charts, picture types of toys for various developmental stages. This guide should prove invaluable for parents and professional workers dealing with the physically handicapped.

Research for the booklet was made at the Meeting Street, School, Providence, Rhode Island, a children's rehabilitation centre under the direction of the chief occupational therapist, Mrs. Frantzen.

Dr. Langdon, who wrote the second booklet is one of America's foremost authorities on the study and application of toys to children's daily life. She was child development advisor to the American Toy Institute, Research Division of the Toy Manufacturers of the U.S.A.

★ ★ ★

AIDS — Quick n' Easy

Feeding

Seen at the Birtenshaw Hall School, children who have difficulty holding a

drinking glass have theirs firmly fixed in position by an ordinary school laboratory clamp. These are heavy enough not to be knocked over yet easily portable. A length of polythene tube similarly held by the clamp makes drinking no problem at all.

Or a small plastic refrigerator jar with a hole cut out in the plastic cover big enough to insert the drinking tube will avoid spilling the liquid.

Adapt ordinary cutlery by wrapping the handles with sponge rubber.

Domestic

For those with little or no use in the hand or arm, a suction cup brush is very helpful. Fix two small suction cups to the wooden or plastic back of a small nail brush and fasten to the washbowl.

Hands stiff or slightly weak? Use the nailbrushes with curved ends which slip over the fingers.

A bath mitt is easier to manage than soap and flannel. Make from piece of towelling. Sew a pocket either inside or outside the mitt to hold the soap and elasticise the wristband.

For breaking eggs, place the egg in a poaching cup (placed in frying pan or on plate) and lower small metal bar on to the egg. Care is needed here or a plastic pinafore, in case of errors in calculation!

Dressing

If putting on stockings presents a difficulty, a 30-inch wooden handle with a specially shaped polished wire at the end holds a rolled stocking in position. As it is pulled up over the leg the stocking unrolls. The same device can be used for socks.

An even simpler method is to sew two suspenders to the ends of a piece of cotton tape five or six feet long. Attach the suspenders to the top of the stockings and use a long-handled shoehorn to hold the stocking open. Slip in the toes and then pull up the stocking with the tapes.

For putting on a glove with one hand, sew a small loop to the cuff and hook over a nail or a coat button so that the fingers can readily be slipped into position.

BILLIARDS & SNOOKER EXHIBITIONS

Raise Large Sums for N.S.S.

A GRAND scheme which has been accruing thousands of pounds for our Society has been in operation for seven years. Time in fact for it to receive wider publicity and to give due thanks to the good people organising and taking part in it.

Snooker and billiards exhibitions by well-known players are arranged at clubs and hotels in every county in England and Wales, from Cornwall to Northumberland. Each season many clubs are approached and the games have proved so popular that in the majority of cases exhibitions have become annual affairs and requests are made 12 months in advance.

No charge is made to the club for these exhibitions, the N.S.S. bearing any expenses incurred. The idea is to raise money by means of donations and gifts which the player then auctions. A 24-piece canteen of cutlery and raffle tickets are supplied by the Society so that a raffle prior to the exhibition can take place. The player brings a special cue so that it too can be auctioned after the game.

As an added attraction, the professional player plays a match of three frames of snooker against club members who each receive a start of 25 points. No one member is eligible to play more than one frame during the season. Prizes are awarded of 100 cigarettes to the club member who scores most points or wins his frame against the professional. Three thousand cigarettes go to club members whose aggregate score in three frames is better than the professional's. The Bristol Challenge Shield donated by Messrs. W. D. & H. O. Wills, the tobacco people, is presented at the end of the season to the club whose three members registered the highest aggregate score against a professional in these matches.

The clubs are magnificent in their response to the appeal and where no billiards' table is available they run raffles or dances rather than refuse.

The Players

The Society is fortunate in having such wonderful players for these games. Not only are they among the most skilful in the country but by their warm personalities they have done much to increase goodwill for our Society. Late nights, considerable travelling and varied weather

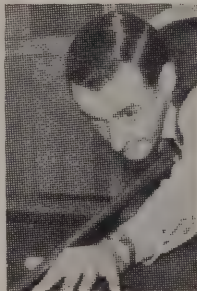
conditions make these exhibitions hard work for the players, yet they willingly co-operate.



her talent for auctioneering.

Miss Joyce Gardner, who is the only woman player in the country now playing regularly, is both a charming person and an adept player. Well-known in all the clubs in the London area, she manages to raise that something extra by

Jack Rea is without doubt the most popular player in the whole country. This season, to try and fulfil every request he has played on weekends and last season he had only five nights free from October to April. With a remarkable skill and his Irish humour his performances are always a great success.



Kingsley Kennerley comes from Birmingham and during his years with the Society has done a great deal of travelling. His play is classed among the "greats" in the billiards' world.

Herbert Holt is confined to the London area through business calls but still finds time to help the Society. His trick shots and clever feats with the balls have to be seen to be believed.



Great Results

It is impossible to give the efforts of all the clubs where exhibitions have been

played, but here are some of the special efforts:

Victoria Club, Leeds, £350 & £200; Croydon Constitutional Club, £150; Aldershot Conservative Club, £150; Newtown Conservative Club, Wigan, £140; Hartlepool Boilermakers Club, £121; Ealing Cricket Club, £102; Catford Conservative Club, £100; Wembley Fairview Club, £96; Walsall Golf Club, £86; Wem Conservative Club, £72; East Mill Hill Club, £71; Duke of Edinburgh Hotel, London, £91; Spalding Constitutional Club, £100.

Over the past seven years approximately £45,000 has been raised.

This has been made possible by the hard work of all the club secretaries and the committees who secure gifts from their members or local tradesmen for auction at the game.

There is one man whose name must not be overlooked; he is Mr. William Dixon, the billiards organiser for the N.S.S. Devoted to his job during working hours, Mr. Dixon also spends most of his spare time on the scheme, and will go to endless lengths to ensure a full timetable.

Some of the money raised by this scheme goes on Christmas gift vouchers which are sent to needy spastic children. A selection of letters from grateful parents is printed below.

"I am writing to you to thank you very much for the gift voucher you sent Joseph. I bought him several toy cars and he has had many enjoyable hours playing with them. Once again thank you."
(Mrs.)A. MCCONNELL,
Co. Durham.

"I am writing this on behalf of my daughter, Sheila, to thank you very much indeed for the gift voucher you sent her for Christmas.

I would be very grateful if you would convey to your members our sincere thanks and appreciation of their great kindness.

I feel sure they would think their efforts well worth while if they could see the pleasure and happiness it brings. Not only in the pleasure it brought Sheila to receive the gift, but also to us, her parents, to know that she is not forgotten."

G. COGLAN,
Stockton-on-Tees.

TEACHING DOCTORS ABOUT SPASTICS

Dr. Bax reports on the National Spastics Society's Unit for the Dissemination of Medical Education and Information.

THE year 1961 was a busy one for all of us, but no one was more active than the group concerned with informing doctors of the modern advances in the treatment of spastics. Some people, who are familiar with the National Spastics Society's medical publication, the *Cerebral Palsy Bulletin*, may be a little startled to hear that it is changing its name to *Developmental Medicine and Child Neurology*. They may wonder whether the doctors in charge are losing touch with spastics altogether. But, as I shall explain, a lot of careful thought went into the decision and the Society's advisers, through the Editorial Board, are quite sure that the right decision has been made and one which is in the best interests of spastics.

Last year saw a remarkable expansion of the Journal. When it first started in 1958 the *Cerebral Palsy Bulletin* was only 32 pages long and the editor had such difficulty in collecting material that the entire first number was devoted to reprinting the old Victorian articles by William Little, who was the first doctor to pay serious attention to the possible causes of cerebral palsy. It was a reflection upon us all that in the intervening 100 years very little more had been learnt than what he surmised in his first paper. Now, three years after that difficult start, the editors find themselves in a very different position with a great number of articles on many aspects of cerebral palsy to print. The articles come from doctors concerned with many different aspects of medicine; some who are specialists in obstetrics (child bearing), others who are orthopaedic surgeons (doing operations on correcting deformities of bone and joint) and specialists in nerve disorders, disorders of the eyes, disorders of the ears, and many other branches of medicine, besides articles from research workers who may not be doctors but who are studying, perhaps, the anatomy of the brain or hereditary diseases.

It was because of this wide variety of doctors and others who are concerned, in many different fields, with the problems of cerebral palsy that the Editorial Board decided to change the name. While some specialists in these many fields are aware of their responsibilities towards spastics, others feel that cerebral palsy

alone is too limited a subject for them to pay very close attention to it. The Board felt that they must offer them a wider approach, drawing the doctor's attention to the whole field of the development of the child, both before and after he is born, and to the whole field of nervous disorders in childhood, hence leading them to the specific problems of spastics.

Who is concerned with producing the Journal? First and foremost is Dr. Ronald Mac Keith, the children's specialist from Guy's Hospital. As well as being closely associated with the National Spastics Society, Dr. Mac Keith has always been particularly interested in the problems of teaching doctors and keeping them informed about activities in the research world. He was, therefore, an automatic choice as editor-in-chief. To see that the Journal would conform to the high standards of British medical journalism the Editorial Board required the services of somebody experienced in this field and they were lucky to secure the help of Dr. Clayton Jones, who had worked for many years, both during and after the war, on the most famous of all medical Journals, *The Lancet*. He had, therefore, specialist knowledge of the problems of writing for doctors.

Since the start of the Journal the work has expanded so much that Dr. Mac Keith needed somebody to help him and last year I joined the staff as assistant editor. Advising and guiding the editors is the Editorial Board, headed by Professor Neale, who may be familiar to many spastics in the Bristol area. Professor Polani, director of the new paediatric research unit at Guy's Hospital, and seven other doctors of various specialities serve on this Board.

I am afraid that many people, other than doctors would find the Journal rather obscure reading. They could be excused for not getting very excited by an article entitled "Brian Function and the 5-Hydroxyindoles", but, alas, it is something that we doctors concerned with cerebral palsy must understand, for this exciting substance has been found in increased quantities in some groups of spastics. Many other articles are on this complex, technical level, but the editors are anxious to see that the doctor keeps in touch with all aspects of the problems of spastics.

Recently, Dr. Wigfield wrote an article discussing the experience which he and those who work with him have gained at Sherrards in the problem of training spastics for a vocation. Earlier on in the year, Miss Morgan, with whom many readers will be familiar, reported on her own experience of the problems of finding employment for spastics. So, even if you would not pick this Journal up with relish when it appeared on your breakfast table, I can assure you that many doctors have written to us exclaiming how much they look forward to their Bulletin, which arrives every other month. A psychologist said recently that it was most valuable for keeping him in touch with medical progress.

It is nice to know, too, that we are now not only helping doctors in this country, but also overseas as there is no other country in the world (and this includes America) which produces a journal of our standard. We have become an international forum for the exchange of ideas about the problem of handicapped children. Readers have been able to benefit from the experience of Dr. Glaser, the neurologist at the famous Yale medical school, Dr. Richmond Paine from Boston, Drs. Tardieu, Paul Masse and others from the famous hospitals for children in Paris, and doctors from all the Scandinavian countries who vie with the British in the rapidity with which they have developed facilities for the training and education of spastics.

Last year saw two new developments in the work of our group concerned with the dissemination of information to the doctor. The first was the formal founding of a unit, to be directed by Dr. Mac Keith, called the Unit for the Dissemination of Medical Education and Information. This unit, apart from the publishing side, is responsible for all kinds of activities, and, indeed, has really been in existence without a name for some time. Dr. Mac Keith organises every year a large conference for doctors and others to discuss some aspect of the problem of cerebral palsy. The first conference, held in 1958, was probably the first major scientific meeting which had ever been held on the research problems of cerebral palsy. The second big conference was held at Oxford in 1960 and a further conference was held at Bristol,

as many of you may have read in SPASTICS NEWS, in September 1961.

These conferences are big affairs with 80 or so doctors and others attending, and they serve for a general exchange of views and passing on of information and experience. For thrashing out individual problems, however, it is better to have a smaller group, and several smaller conferences have taken place. There was an important one held in Groningen, Holland, in July last year when 20 doctors from different countries assembled together to discuss the problem of examining the nervous system of babies soon after birth. This is very difficult because you cannot ask a baby to squeeze your fingers or stand on one leg while you feel what the muscles are like in the other. What is more, babies do not behave in the same way as grown-ups. Perhaps that is pretty obvious, but it is extremely important, if we are to treat spastics effectively, that we should be able to diagnose them as early as possible. So for a week, there was a serious interchange of opinion between the leading schools concerned with this problem and pretty fierce arguments waxed and waned, waning sometimes rather late into the night when this humble member of the group was wishing he was in bed.

However good your conferences are, they are not going to be of really great value unless you see that what arises out of them is passed on to other people. This is a part of the second new development this year: the publication of four books by the Editorial Board. Two of these are directly concerned with the reporting of the conferences which were held. The first one, called "Child Neurology and Cerebral Palsy", reported the 1960 Oxford conference and the second one, which came out as quickly as we could make it after the conference, was about the Bristol meeting and was en-

titled "Hemiplegic Cerebral Palsy in Children and Adults". Two other books now being produced are rather different. One is a little book which has been written for us by Professor Illingworth from Sheffield, entitled "An Introduction to Developmental Assessment in the First Year." That sounds rather a mouthful, perhaps, but it has been written specially for doctors who work in infant welfare clinics and again it shows our concern that cerebral palsy and other disorders of childhood should be recognised as early as possible so that we can start treatment. In this booklet, which is heavily illustrated with photographs of babies, Professor Illingworth gives clear details of the normal development of babies and indicates how the doctor in the clinic can begin to get suspicious that something is not quite as it should be with the infant.

The other book is very much more specialised and is about chromosomes. Chromosomes are very small, but very important, bits of the cells of the human body and they are responsible for making us our father's and mother's children, and organising our inherited characteristics. Very recently it has been realised that sometimes the chromosomes get jumbled up and disorganised in various ways when the baby is conceived. This specialised subject is developing very rapidly and many doctors are at somewhat of a loss to know how relevant it is to their work. The aim of our book is to let them know how present research findings relate to patients we see. Much of the research work which has been reported has been carried out in Professor Polani's unit and the book has been edited by Mr. John Hamerton, the senior lecturer there. Professor Polani has contributed a long and complex chapter which I shall not attempt to pass on to you, as I am only just beginning to get it clear in my own



Dr. Mac Keith (left) and the author enjoying the first number of the new journal

mind.

Four more books to produce in 1962 and the journal to come out every other month, another Oxford conference—apart from one or two minor ones, and Dr. Mac Keith keeps on complaining that we are not doing enough about teaching nurses and others about spastics—I'd best get to work!

MARTIN C. O. BAX.

Martin Bax, assistant editor of the Cerebral Palsy Bulletin, is both a doctor and a writer. He was trained at New College, Oxford, and Guy's Hospital. Afterwards he worked for some months at the Victoria Children's Hospital in Chelsea. In his spare time he edits the literary magazine "Ambit", and writes plays and novels.

Small Ads

Second-hand, lightweight, folding pushchair required. Preferably "Car Transit Chair" manufactured by Everest & Jennings. Mrs. Macarthur, 34 Western Park Avenue, Kew Gardens, Surrey. Tel.: Prospect 1910.

* * *

Eighteen-year-old, fair hair and blue-eyed, seeks pen-friend. Hobbies: writing, knitting, cycling, dancing and all kinds of sport. Works in a large clothing firm as a shorthand-typist. Keen on Adam Faith, Cliff Richard, Elvis Presley, Eden

Cane and all stars in "77 Sunset Strip". Interested? Contact Sylvia Round, 30 Hawes Road, Fullbrook, Walsall, Staffs.

Obituary

It is with deep regret that we announce the recent death of Miss Cora Emmerson of Sunderland. Miss Emmerson was the first Hon. Secretary of the Sunderland and District Spastics Society, a position she held for a considerable time, until she relinquished it for personal and business reasons. Although a heavily handicapped spastic Miss Emmerson managed to undertake her full-time secretarial

employment with a local business organisation in addition to accepting the honorary responsibilities with the group.

She was also a leader with the All Saints' Church Girl Guide Company at Roker and travelled extensively around the colliery districts to visit and encourage disabled children.

People who knew her will always remember her bright and cheerful personality and great courage. Her friends mourn her death, but her memory lives on and is a spur to greater efforts to carry out the work to which she was devoted.

EMPLOYMENT REUNION PARTY

Create Social Club

A MOST successful reunion party was held at 12 Park Crescent, W.1, on January 24, when more than 50 young spastic men and women from the London area got together. Most of these young people are now working and everyone was looking prosperous and fit.

The party was arranged by the staff of the Employment Department and as a result of the reunion the young people themselves have decided that they would like to form a Social Club.

Mr. W. M. C. Hargreaves will be calling a meeting to form a Committee shortly and if any readers of the NEWS who are eligible to join, that is young people between the ages of 18 to 35 years, would like to do so would they please write to Mr. Hargreaves at 12 Park Crescent, London, W.1.

The club is intended for people all over the country and it is hoped to link up pen-friends, arrange holidays, theatre and concert parties and other social activities.

Right: *Two pen-friends, Gillian and Evelyn, meet for the first time. They have been corresponding for some months after having been put in touch with each other by the Employment Department.*

Below: *Elizabeth, Peter and Brenda, who attended the very first Employment Assessment Course nearly four years ago, chatting to David, Peter and Patricia who joined the 12th Course which was held in October last year.*



CONCLUDED

EMPLOYMENT PROBLEMS AMONGST ADOLESCENTS AND ADULTS WITH HEMIPLEGIA

by Miss Margaret R. Morgan, N.S.S. Employment Officer

How Can these Problems be Overcome?

- (i) By better preparation of the school child, both in the home and at school.
- (ii) By providing more facilities for further education in order to give the child time to mature before commencing training or employment.
- (iii) By ensuring that a full assessment is made of the problem that each child presents.
- (iv) By working together as a team in offering vocational guidance. Advice on the future should be given to the parents and child by one person only—the vocational counsellor, who, in most cases is the Youth Employment Officer or

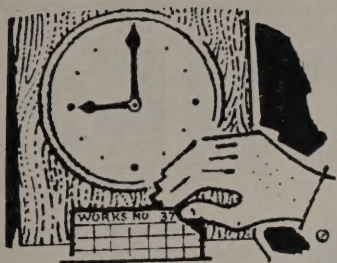
the officer from the N.S.S. Employment Department who has been asked to advise. Too often conflicting advice is given by a variety of people, doctors, teachers, therapists, and many others. Obviously aspirations, whether it is practical the parents will cling to the advice that fits in best with their own able or not. Many disappointments and even severe maladjustments are caused by well-meaning people giving unrealistic advice.

- (v) By providing more courses for socialisation and assessment. Even holidays away from parents can help to prepare these young people for adult life.
- (vi) By providing more openings for training in routine repetitive work.

At present Sherrards is the only place where this type of training given.

- (vii) A more adequate preparation of the employer is also most necessary, with special emphasis on the difficulties that will probably be encountered and the need for time and patience during the trial period.
- (viii) More openings are urgently needed in sheltered workshops and work centres for those who are not ready or are never likely to be ready for employment in the competitive labour market. The child who leaves school, however severely handicapped, can no longer be left to while away the long hours at

(Continued on page 22)



Employment news for January is again encouraging and we have received the following information:—

Gloria Blackburn, from **Bristol**, has changed her job and is now doing invoicing and clerical work for a local firm of wholesale chemists.

David Calver, from **Mottingham**, is working as a packer for a local plastics manufacturing firm.

Lee Ellis, from **Mountsorrel**, is employed by a local boot and shoe manufacturers.

Patricia Garrett, from **Ashford**, is working, again as a copyholder, for a different local newspaper.

David Holbourn, from **St. Paul's Cray**, has been doing clerical work since June, 1961, and his employers are allowing him leave of absence to attend the Assessment Course at Westcliff-on-Sea from February 6th-16th.

Robert Isaac, from **Plymouth**, is employed as a lift attendant by a local department store.

George Linford, from **Romford**, is working at a local plastics factory as a machine operator.

Samuel Matheson, from **Truro**, is now employed by Remploy Ltd. in Redruth.

Annette Smallwood, from **Exeter**, is doing part-time work for a local telephone-cleansing contractor.

Morton Sutherland, from **Meopham**, is doing bench work in his own home for a local engineering firm.

Hubert Trevor, from **Stoke-on-Trent**, is employed as a junior gardener by the local Parks Department.

STUDY AT HOME

Resolve to make the most of 1962 and the years that follow by starting on a well-paid career NOW. Your first step is to send for the FREE 100-page book "The Direct Way to Success" which will open your eyes to the rewarding future that can be yours through the Home Study Courses of The School of Accountancy.

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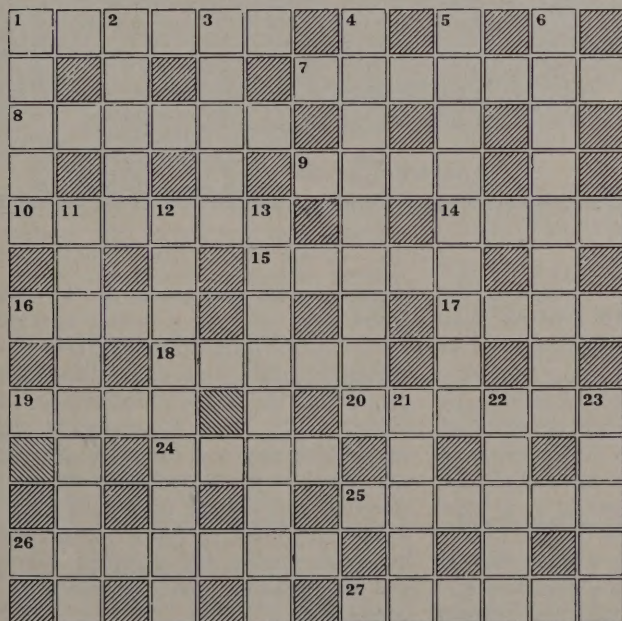
The School of Accountancy

133 Regent House, 6 Norfolk Street, London, W.C.2

Melville Cooper, from **Deptford**, is working as a porter in a local textile warehouse.

Following the rush of Christmas orders, the Homeworkers' Department has been busy stocktaking and building up more stock. **Irene Dunn** has now joined the Scheme as a jewellery maker.

CROSSWORD PUZZLE No. 23



ACROSS

- 1 & 8. Obviously no hard-boiled nursery entertainer. 6-6.
7. "O, good old man; how well in thee appears
The constant service of the . . . world," A.Y.L.I. 7.
9. Starve at a rate of knots. 4.
10. Looking—through key-holes maybe. 6.
14. Rather more seasoned than 18 so to speak. 4.
15. Most reasonable of subjects! 5.
16. Her aim can hardly be true! 4.
17. Cut a way through on horseback! 4.
18. Just the timber for church pillars. 5.
19. Public enemy number one. 4.
20. Exclusive implements of journalism. 6.
24. Motivated insecticide as it were. 4.
25. Curtailed inkwell exalted to the sky by Shakespeare. 6.
26. Next best to a citation. 7.
27. One adroit contrast. 6.

DOWN

1. Pluto's kingdom. 5.
2. Well-preserved figure any 16 can attain. 5.
3. Classic challenger of the Gods. 5.
4. Imperils with fury in extremities. 9.
5. It is a chop meet for a nut case. 9.
6. Gilbertian flower. 9.
11. One of the more secluded sea-raiders? 9.
12. Neatness I disturb unfeelingly. 9.
13. His life often hung by a thumb. 9.
21. Some tackle always in this fishing basket. 5.
22. It used to be the only pick in old prisons. 5.
23. In short two letters for Alexander. 5.

Group Alterations

New Official:

NORTH WEST REGION

Secretary/Treasurer:

W. G. JEHAN, ESQ., M.B.E.,
M.N.R.S.O.,

Guildhall Offices,
58-60 Guildhall Street,
Preston, Lancs.

SOUTH EAST SURREY GROUP

Secretary:

MRS. M. GOSS,
15 Bolsover Grove,
Merstham, Surrey.

Change of Official:

BARNSELEY AND DISTRICT ASSOCIATION

Secretary:

MISS SUSAN BROOK,
132 Rotheram Road,
Smithies,
Barnsley, Yorks.

CHESTER & DISTRICT SPASTICS ASSOCIATION

Chairman:

K. TAYLOR, ESQ.,
Hawthorn Cottage,
Wrexham Road,
Malpas, Cheshire.

DUDLEY & DISTRICT SPASTIC GROUP

Secretary:

MRS. P. HARRIS,
28 Meeting Street,
Netherton,
Dudley, Worcs.

STOCKPORT, EAST CHESHIRE AND HIGH PEAK SPASTICS SOCIETY

Chairman:

W. S. RUSHWORTH, ESQ.,
Ridgemount,
Ridge Road,
Marple, Cheshire.

Change of Address:

BIRKENHEAD SPASTIC CHILDREN'S SOCIETY

All correspondence to:

F. H. CAMPBELL, ESQ.,
c/o 43 Shrewsbury Road,
Oxton, Birkenhead.

EMPLOYMENT PROBLEMS

(Continued from page 20)

home doing nothing. He wants to work and to feel that he has a place in the adult world, even if his contribution is small and he takes a very long time to complete it.

IN CONCLUSION, these are the problems as we in the Employment De-

partment see them, and although the other groups of people with cerebral palsy obviously present their own problems, in that they are generally more severely handicapped, the lightly physically handicapped hemiplegic with one or more of the added complications still presents a considerable challenge to us, a challenge that so far does not appear to have been fully appreciated. An obviously handicapped man will nearly always receive the help that he needs, but one who appears to be nearly normal just causes

irritation and frustration to the people around him when he is unable to respond at a normal level. This aggravates the personality difficulties of the handicapped person and the whole problem becomes a vicious circle. There are many potentially employable men and women in this group who need a great deal of help, understanding and patient training if they are to take their place in normal employment, but once settled and accepted they can and do become useful members of the community.

HEADACHE?

DISCOMFORT GOES!

THROBBING SOOTHED!

PAIN STOPS!

**'ASPRO'
BRINGS
ALL ROUND
RELIEF**

A Nicholas  Product

AFFILIATED GROUPS AND LOCAL CENTRES OF THE N.S.S.

Eastern Region

Boston District Branch
Chesterfield and District Spastics Society **TC**

Corby and District Spastics Society
Derby and District Branch of NSS **T**
Grantham & District Friends of Spastics
Grimsby, Cleethorpes and District Spastics Society **T**
Ipswich and East Suffolk Spastics Society **T**

Leicester and Leicestershire Spastics Society **TE**
Lincoln Branch
Mansfield and District Friends of Spastics Group **O**
Norfolk and Norwich Spastic Association **T**

Northampton and County Spastics Society **TE**

Nottingham Friends of Spastics Group
(Sub-Committee of Nottingham District Cripples Guild) **TEC**
Peterborough and District Spastics Group **O**

Scunthorpe and District Spastic Society **C**
Stamford and District Branch of NSS
(Regional Officer: H. G. Knight, 58 Park Road, Peterborough, Northants. Tel: 67045)

Midland Region

Cannock Chase Spastic Association
Coventry and District Spastics Society **R**
Dudley and District Spastic Group **O**
North Staffordshire Spastic Association **T**
Shrewsbury and District Spastics Group
Stafford and District Spastic Association
Worcester and District Branch of NSS
(Officer to be appointed)

North-Eastern Region

Barnsley and District Association of the NSS **C**
Bradford and District Branch of the NSS
Castleford and District Spastics Committee
Darlington and District Spastics Society
Dewsbury and District Spastics Society
Goole and District Spastics Association
Halifax and District Spastic Group **W**
Huddersfield and District Spastics Society **T**

Hull Group, The Friends of Spastics Society in Hull and District **H**
Leeds and District Spastics Society
Pontefract and District Spastics Association

Rawmarsh and Parkgate Spastics Society
Sheffield and District Spastics Society **T**
Sunderland and District Spastics Society
Tees-side Parents and Friends of Spastics **TE**

York and District Spastic Group **T**
(Reg. Off. R. J. F. Whyte, NSS, Trevelyan Chambers, 7 Boar Lane, Leeds 1. Tel: 33933)

North Western Region

Barrow-in-Furness and District Spastic and Handicapped Children's Society
Birkenhead Spastics Children's Society **TE**
Blackburn and District Spastics Group
Blackpool and Fylde Spastic Group **CW**
Bollington, Macclesfield and District Committee for Spastic Children
Bolton and District Group of the NSS **TE**

Burnley Area and Rossendale Spastics Society
Chester and District Spastics Assoc. **TE**
Crewe and District Spastics Society **TO**
Crosby and District Spastics Society
Cumberland, Westmorland and Furness Spastics Society **H**
Lancaster, Morecambe and District Spastics Society
Manchester and District Spastics Society **TE**

Oldham & District Spastics Society **T**
Preston and District Spastic Group **T**
Sale, Altrincham and District Spastics Society **RTEC**
Southport, Formby and District Spastics Society
Stockport, East Cheshire and High Peak Spastics Society **TEO**
Urmston and District Group of the NSS **TC**

Warrington Group for the Welfare of Spastics
Widnes Spastics Fellowship Group
(Reg Off: T. H. Keighley, 20 Brazen-nose Street, Manchester. Tel: Blackfriars 6130)

Northern Home Counties Region

Bedford and District **TOW**
Bishop's Stortford and District Group, Herts Spastics Society
Central Middlesex Spastics Welfare Society **W**
Clacton and District Group
Colchester and District Group
East Herts Group, Herts Spastics Society
East London Spastic Society **H**
Epping Forest and District Branch of NSS **TO**

Essex Group of the NSS
Harlow and District Branch
Hatfield and District Group, Herts Spastics Society

Hemel Hempstead and District Group, Herts Spastics Society
Hitchin and District Friends of Spastics
Herts Spastics Society
Ilford, Romford and District Spastics Association **O**

Luton, Dunstable and District Spastics Group **T**
Maidenhead Friends of Spastics Group
North London Area Association of Parents and Friends of Spastics **T**

North-West London Group of the NSS
Oxfordshire Spastics Welfare Society of the NSS **TE**

Reading and Berkshire Spastics Society **TE**
Slough and District Spastics Welfare Society

Southend-on-Sea and District Spastics Society **TEO**
South-West Middlesex Group of the NSS **T**

St. Albans and District Group, Herts Spastics Society **T**
Walthamstow and District Spastics Society
Watford and District Group, Herts Spastics Society

Welwyn Garden City and District Group, Herts Spastics Society
Wycombe and District Spastics Society **T**
(Reg. Off: R. C. Lemarie, 32 High St., Watford. Tel: 41565)

South-Eastern Region

Bournemouth, Poole and District Spastics Society **TE**
Brighton, Hove and District Branch **TOC**
Central Surrey Group **W**
Croydon and District Branch **TEW**

East Sussex Group (Hastings and District) **T**
Folkestone and District Branch of NSS
Isle of Wight Group **TE**
Maidstone Area Spastic Group **OT**
Medway Towns Branch of NSS
North Hants and West Surrey Group **TE**
North Surrey Group **W**
North-West Kent Spastics Group **W**
North-West Surrey Group **TE**
Portsmouth and District Spastics Society **TE**

Southampton and District Spastics Association **TOW**
South-East London Group **T**
South-East Surrey Spastics Group (Redhill) **TO**

South London Group
South-West London and District Group
South-West Surrey Group **TE**
Thanet Group
Tunbridge Wells, Tonbridge and Area Group

West Kent Spastics Society—Incorporating Bromley and District Spastics Group
(Reg. Off: H. J. I. Cunningham, 55 London Road, Horsham, Sussex)
(Hampshire T. & V. Organiser: Capt. C. S. B. Swinley, 32 St. Cross Road, Winchester. Tel: 61221)

Welsh Region (including Mon.)

Cardiff and District Spastic Association **TC**
Colwyn Bay and District Spastics Society
Conway and District Branch of NSS
Kenfig Hill and District Spastics Society **C**

Merthyr Tydfil and District Spastics Society
Pontypridd and District Group
Swansea and District Spastics Association **TCW**

(Reg. Off: B. Kingsley-Davies, 64 St. Mary Street, Cardiff. Tel: Cardiff 29289).

Western Region

Bridgewater and District Friends of Spastics Association **TE**
Bristol Spastics Association **CTOW**
Cheltenham Spastic Aid Association **ET**
Exeter and District Spastics Society
Plymouth Spastic (CP) Association **ETW**

Swindon and District Spastic Society
Yeovil and District Spastics Welfare Society

(Reg. Off: Mrs. A. Mansel-Dyer, St. John House, Park Street, Taunton, Somerset. Tel: 81678)

Jersey Branch of the NSS, Channel Islands

Chief Regional Officer:

(A. M. Frank, 12 Park Cresc., London, W.1.)

Local Projects Secretary:

(D. Lancaster-Gaye, 12 Park Cresc., London, W.1.)

Key:

T—Treatment Available
E—Education
O—Occupation Centre
W—Work Centre
H—Holiday Home
C—Child Care
R—Residential Centre



COLWALL COURT

SPASTICS HOLIDAY HOTEL

Bexhill-on-Sea

S.O.S. HOLIDAY CENTRE

WEEKLY TERMS

Children	-	-	-	-	3½ gns.
16 and Over	-	-	-	-	7 gns.
<i>Non-Spastic Adults:</i>					
May, September	-	-	-	-	8 gns.
June	-	-	-	-	10 gns.

Young adults over 16 can be accepted by arrangement with the Manager.

Apply to The Manager: Colwell Court, Pages Avenue, Bexhill-on-Sea, Sussex. Tel: Bexhill 1491.

- ★ 3 minutes from sea
- ★ Near Shops
- ★ Unaccompanied children specially catered for by house parents
- ★ Residential S.R.N.
- ★ Good Food
- ★ Specially arranged outings by hotel bus

Lift and toilets on ground floor. Fully equipped Children's play room. TV and record rooms. Large garden with play area. Swimming pool in process of construction will be ready for the new season.

"WESTWAYS" HOLIDAY HOME FOR SPASTICS

Cumberland and Westmorland and Furness Spastics Society. Allonby, Cumberland

Only 80 yards from
the sea shore

Unrestricted views of
Scottish Mountains

Brochure on request to
The Warden,
or phone Allonby 55

H. & C. all Bedrooms
includes
Ground Floor Bedrooms

Open all year round

All spastics to be
accompanied by an
adult attendant



Situated on Solway Firth
12 miles unspoiled
coastline

Unparalleled Bracing
Sea Breeze

Nearest Railway Station
—Maryport

Main Line—Carlisle, 23
miles. Bus Route via
Silloth or Maryport

Tariff:

Adults £5/5/0 per week
Children up to 15 years
£2/10/0 per week

Two weeks free holiday to all Spastics living in Cumberland, Westmorland and Furness area
Block Booking, by Groups, out of season at special rates